



Diabetes Self-Management Alliance
An international collaboration



Diabetes Self-Management Alliance:

Moving Forward with Self-Management

Day 1 Thursday 9th
November

Opening Address

Sean Dinneen - National Lead, Diabetes Clinical Programme

Addressing Emotional Health: a Skill that can be Learned.

Christel Hendrieckx - Clinical Psychologist,
Australian Centre for Behavioural Research

National Approaches to Diabetes Prevention

Matthew Fagg - Deputy Director, Reducing Premature Mortality,
NHS, UK

Martin Cassidy - Senior Quality Improvement Lead, NHS, UK

Launch of the HSE National Framework for Self-Management Support (SMS) for Chronic Conditions

Stephanie O'Keeffe - National Director, Health and Wellbeing

My Journey - A Person with Diabetes Empowered

Grainne Flynn

Workshops:

Rotating 45 Min Workshops - Choose 3 out of 4 Workshops

- A. Learning from the world of sports psychology: Processes to maximise outcomes in diabetes self-management
- B. Harnessing technology for diabetes self-management support
- C. Readiness to change among healthcare professionals
- D. Putting Prevention into practice - a clinical reality or an aspiration?

Networking Dinner - Ardilaun Hotel

Day 2 Friday 10th
November

Strengthening Research through Public and Patient Engagement

Molly Byrne - HRB Research Leader and Senior Lecturer, NUIG

Workshops:

Choose 3 out of 4 workshops

- E. Incorporating self-management support into undergraduate curricula for healthcare professionals
- F. Changing our approach to newly diagnosed type 1 diabetes: can we change early education to improve HbA1c trajectory and psychosocial outcomes
- G. Social support in managing diabetes
- H. Understanding attendance at diabetes structured education as behaviour

Panel Discussion:

The Diabetes Self-Management Alliance: Moving Forward

Heather Daly - Nurse Consultant, Leicester, UK

Ingrid Willaig - Research Manager, Steno Diabetes Centre, DK

Sean Dinneen - National Lead, Diabetes Clinical Programme



To register for the Conference
please log onto
www.conference.ie

No later than the 6th October 2017